



blue corn
TWO GRAIN RECIPE

INGREDIENTS:

Yields: (90) 7" Tortillas
3 lbs. All Purpose Flour
2 lbs. Blue Corn Flour
6 oz. MINOM
10 oz. Corn Oil
40 oz. Cold Water

-INSTRUCTIONS-

Place all ingredients in your mixer,
Mix on Low Speed (1) for 2 minutes
Mix on Medium Speed (2) for 4 mins.

For 7" Tortillas:

Round into 1.5 oz. dough balls

For 12" Tortillas:

Round into 4.8 oz. dough balls

Allow Dough Balls to rest (proof)
for atleast 30 minutes before putting
into a BE&SCO Tortilla Machine.

MINOM ^{INC} _®

Premium Flour Tortilla Base

www.minom.com